Distance Reiki

Distance Reiki is a Reiki method that the client request, asking the Practitioner to send Reiki from a distance. The Practitioner and the client are typically in different neighborhoods, cities, states, or even countries. The method involves the Practitioner using a photograph, the person's name receiving Reiki, or a stuffed animal to channel the healing process. With distance healing, there is no time or space. One can use it to bless the future, road trips, bridge time, or bless essential activities, such as job interviews, tests, surgery, or unblocking a particular goal that one has not achieved due to obstacles. Practitioners also send Distance Reiki from across a room or in a different room. There are no barriers, and the client who requested Distance Reiki receives the same effects as if they were in the room with the Practitioner.

Typically, the Practitioner asks the client for their name, the illness, or the situation they want to heal. They may also ask age and birthdate to connect to the client spiritually. Suppose the distance healing is for a friend or family member. In that case, the Reiki Practitioner informs the client to ensure they have permission from the person healed unless the person is unresponsive. Once they completed the first treatment, they may continue to bless the client for an additional 14-30 days. If one needs healing after 30 days, he or she can list the request again or seek medical assistance.